

Custom Fitting.

Dynamic Bike Fit: The best way to optimize your cycling position is to quantify performance under controlled conditions of heart rate, cadence and power output while riding various geometries on the Tiemeyer Position Cycle. We will scientifically determine your own unique Power/Position/Speed profile. Work products include graphs of power output, frontal area, predicted speed and relative time to finish for each position. You will also receive a drawing illustrating the custom frame geometry that supports your optimum position.

Anaerobic Threshold Testing: We offer performance evaluations using the Conconi Exercise Gradient format. You will receive documentation of data and a Heart Rate/Power Output curve which identifies your current Anaerobic Threshold.

Position Transfer: You can trust us to duplicate an established position that you may have spent years refining. Or maybe you want to modify a position by a precise amount. We have developed a reliable, accurate and self-checking system of measurements of your present bike position from which a frame with an appropriate geometry can be determined. [Order Data Form.pdf](#)

Anatomic Fitting: We have posted a frame sizing calculator for your convenience. Enter your anatomical measurements and receive first-cut geometries for nine different types of frames. Find the one of interest in the table and read across for your theoretical frame specs. You may find that by changing seat post and stem on your current bike you can come closer to an ideal setup.